

Murdoch Center Track Program Fact Sheet

- **Key points:**
 - **purpose: Hospital Diversion**
 - **Criteria:**
 - **Developmental Disability**
 - **Ages 5 – 17 years old**
 - **Will not take those under an involuntary commitment order.**
 - **Admissions must be arranged by an LME representative.**

- **TRACK (Therapeutic Respite Addressing Crisis for Kids) is a 5-6 bed program that serves children (males and females) aged 5-17 with DD who are in behavioral crisis.**
- **The purpose of the program is to divert children from psychiatric hospitalization and avoid extended stays in hospital emergency rooms. All appropriate community-based respite options should be exhausted prior to requesting respite at TRACK.**
- **The focus of the program will be on stabilizing the child's behavior so they can return to their home as quickly as possible.**
- **Respite stays will last from 3-45 days depending upon the nature of the behavioral crisis.**
- **TRACK is not allowed to accept involuntary commitments so every effort should be made in the community to avoid the commitment process when the child is going to TRACK.**
- **Those children admitted to TRACK will have moderate to profound intellectual disabilities or Autism Spectrum**

Disorder. Children with mild intellectual disabilities will be evaluated on a case-by-case basis. It may be that a child in this group is more appropriately served at a psychiatric facility.

- **Once TRACK is fully operational (scheduled for June of 2010) admissions will occur 7 days a week, 365 days a year from 8:00-5:00. Requests for respite admission can be made 24 hours a day.**
- **Admission requests will only be accepted from the designated LME representative. All calls to the Murdoch Center from other individuals will be directed back to the LME representative.**
- **Funding will occur in several ways: a.) CAP-MR/DD institutional respite for stays less than 30 days; b.) Private pay at a nominal daily rate; and c.) ICF-MR rate for those staying longer than 30 days and for those coming directly from other ICF-MR facilities.**
- **Children who stay for 10 days or longer will receive a new IEP that is coordinated with the child's home LEA.**
- **The child's guardian must be present at admission to sign required consents.**
- **Within 3-5 days of admission an initial team meeting will be held at TRACK to review the child's status and determine length of respite stay. The guardian, LME representative and Targeted Case Manager must participate in this meeting, either by phone or in person.**
- **The LME representative, targeted Case Manager and parent/guardian must identify a place for the child to return to at the end of the respite stay.**